

***How do I contact a
Coordinator of Inclusive
Services?***

**COORDINATORS OF
INCLUSIVE RECREATION SERVICES**

MID- ST. LOUIS COUNTY REGION

Malory Smysor, CTRS
Center of Clayton
50 Gay Avenue
Clayton, MO 63105
PHONE: 314-290-8507

NORTH ST. LOUIS COUNTY REGION

Nicole Osheroff
Civic Center East
8969 Dunn Road
Hazelwood, MO 63042
PHONE: 314-839-5575

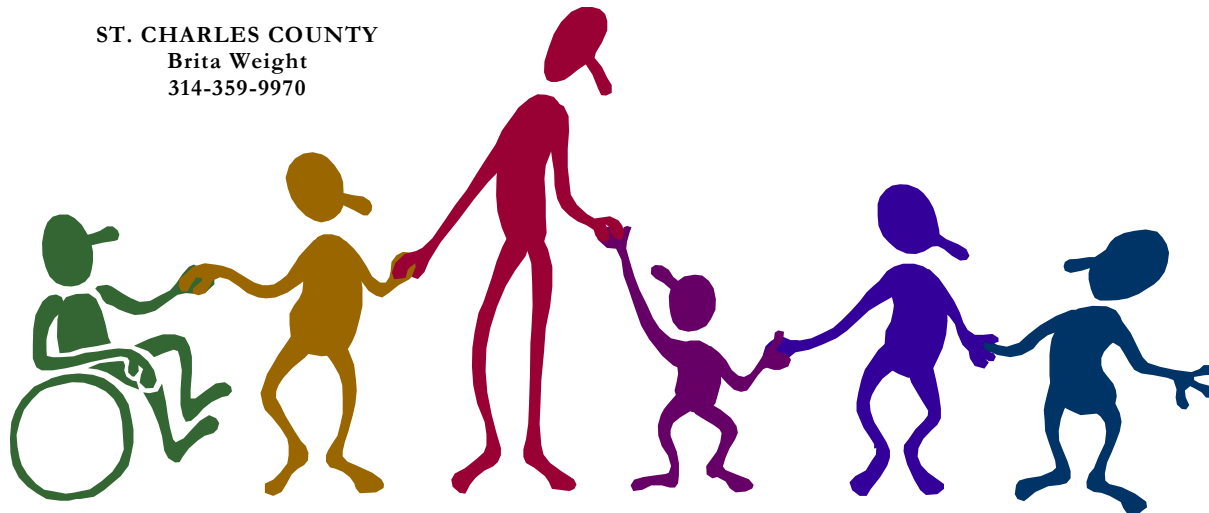
SOUTH/WEST ST. LOUIS REGION

Terri Johnson, Executive Director
Municipal Partners for Inclusive Recreation
Des Peres Parks & Recreation
1050 Des Peres Road
Des Peres, MO 63131
PHONE: 314-835-6157

ST. CHARLES COUNTY

Brita Weight
314-359-9970

To:



**INCLUSION
IS NOT AN
ILLUSION**



*Your Parks
and
Recreation
Department
can make it
happen!*

WHAT IS INCLUSION?

Inclusion is when EVERYONE, children and adults, with and without disabilities, participate side-by-side in recreation programs and events.



JOIN IN ON THE FUN!

People of all abilities are encouraged to join in on the fun! Your local Parks and Recreation Departments invite **you** to participate in the multitude of recreation programs and events they offer. The following departments are committed to providing inclusive recreation opportunities, and have a Coordinator of Inclusive Recreation on staff:

Coordinators are available in St. Louis County cities of Bellefontaine, Bridgeton, Ferguson, Florissant, Hazelwood, St. Ann, Clayton, University City, Maryland Heights, Webster Groves, Ballwin, Crestwood, Des Peres, Ellisville, Kirkwood, Sunset Hills and Manchester.

In St. Charles County, a Coordinator is available in the cities of St. Charles, St. Peters, Wentzville, and O'Fallon.

WHAT IS A COORDINATOR OF INCLUSIVE RECREATION?

A Coordinator of Inclusive Recreation assists parks and recreation departments by including people with disabilities into existing programs. The Coordinator's role is to work with the participant, family members, friends, teachers, and the recreation program staff to insure appropriate and individualized accommodations are provided. Examples of accommodations include, but are not limited to:

- ◆ Modifying activities
- ◆ Providing staff training
- ◆ Changing staff to participant ratio
- ◆ Monitoring participation to insure accommodations are effective
- ◆ Arranging for participant to meet staff prior to the program
- ◆ Observing participant at school or work when necessary

Challenges to inclusion do exist. Through open communication and the willingness to work cooperatively, successful inclusion DOES happen. Approaches to inclusive recreation may differ per region/county.

In addition to funding from the Parks & Recreation Departments, in St. Louis County partial funding is from the Productive Living Board, and in St. Charles County, from the Developmental Disabilities Resource Board.

WHAT RECREATION PROGRAMS CAN I ATTEND?

The Parks and Recreation Departments offer a wide range of programs and events. You may choose to attend any or all of those that interest you. They may include, but are not limited to:

- ◆ Day Camp
- ◆ Craft Classes
- ◆ Swimming
- ◆ Soccer
- ◆ Basketball
- ◆ Ice Skating
- ◆ Fitness
- ◆ T-Ball
- ◆ Dance
- ◆ Martial Arts
- ◆ Holiday Events
- ◆ Cultural Activities

The list is endless. To find out more, just pick up the phone and call your local Parks and Recreation Department or the Coordinator of Inclusive Recreation. (See back of brochure for contact information.) Many departments will mail you a brochure or you can pick one up at the facility closest to you.

WHAT IF I NEED SOME ASSISTANCE?

At the time you register, let the staff know you may need some assistance to participate. There is a place on the registration form for you to put your request for accommodations in writing. You then call the Coordinator of Inclusive Recreation to find out how she can make the program work for you, or a Coordinator will contact you depending on the Parks & Recreation Department policy.