

Functions of Behavior Interview Form

What is the person's name?	
What is the person's age?	
Is the person male or female?	Female <input type="checkbox"/> Male <input type="checkbox"/>
What is the behavior?	

Does the behavior occur together with other behaviors?	Yes <input type="checkbox"/> No <input type="checkbox"/>
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If yes, list all related behaviors in the space below in the sequence in which they typically occur.

NOTE: For each problem behavior listed, ask yourself if it is really a problem behavior.

Is the behavior illegal?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior hurt others?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior hurt the individual?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior interfere with the person's life activities?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior interfere with learning or employment?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior upset others around the individual?	Yes <input type="checkbox"/> No <input type="checkbox"/>

If you said "no" for all of these, are there other types of problems that are created by this behavior?	Yes <input type="checkbox"/> No <input type="checkbox"/>
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NOTE: Please speak with other concerned persons in this individual's life to decide whether this behavior does cause problems. If there are no other problems caused, decide as a team if this problem behavior is worth addressing.

2. Antecedents

Instruction: Please complete the following section for each type of behavior. If you listed a chain of problems behaviors above, then only complete this once for each individual behavior in the chain.

Now that we have listed the problem behaviors that exist, what causes the problem behaviors to occur. The easiest way to do this is to identify the things that may happen right before the problem behavior occurs. There is a list of general questions on this, and then there will be space to add any other ideas you have.

Are there activities that the person is often doing when s/he gets upset?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, then is it the activity that causes the problem behavior?	Yes <input type="checkbox"/> No <input type="checkbox"/>
or something else? (explain)	
Are there places where the problem occurs a lot?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, then what is the difficulty about that place?	
Are there people around whom the problem seems to occur a lot?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, then why does the person have difficulties around this individual?	
Does the behavior happen when a demand is given?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior happen when the person is interrupted?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior happen when the person is startled?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior happen when something unexpected or unusual happens, such as a change in routine?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, such as what?	
Does the behavior happen when the person is alone?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, for how long does the person have to be alone?	

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Does the behavior happen when the person has trouble doing something?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, what is that?	
Does the behavior happen when there are things that the person wants but does not have?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, what is that?	
Does the behavior happen when somebody else makes decisions that are important to the person?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, what is that?	

We just listed some common things that may cause problem behaviors. In the space below, please list other things that may cause the problem behaviors:

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3. Setting Events

Instructions to user:

Repeat this process for all other problem behaviors. Note that if something was listed as being part of the chain, the chain is handled all together.

Now that we have listed the problem behaviors that exist, and the things that cause the problem behaviors to occur, we will go on to list things that get the person set up to have troubles. You may think of antecedents as things that set off problems, but there is usually something that gets the person set up to have problems as well. Setting events are factors that help explain why a behavior might occur. These things help answer the question, why was the antecedent such as big deal to the person. There is a list of general questions on this, and then there will be space to add any other ideas you have.

Does the behavior happen more when the person is hungry?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior happen more when the person is tired?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior happen more when the person is angry about something else?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the behavior happen more when the person is feeling some kind of physical discomfort?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, such as what?	
Does the behavior happen more when the person is sad or lonely?	Yes <input type="checkbox"/> No <input type="checkbox"/>

Does the behavior happen more when the person is has experienced some kind of disappointment?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, such as what?	
Does the behavior happen more when the person is someplace where s/he is uncomfortable?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If yes, then what makes the person uncomfortable?	

In the next section, we will consider a number of skills that help people to manage their behavior. We will ask if the person has and uses those skills.

Does the person have good coping skills that s/he uses when s/he experiences stress (for example, the person goes for a walk to calm down when s/he is upset about something)?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the person have a sense of humor about frustrating things that happen in life?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the person have skills to figure out how to solve problems that arise in daily life (for example, getting help when s/he can't open a jar, instead of smashing it)?	Yes <input type="checkbox"/> No <input type="checkbox"/>

4. Functions of Behavior

Here is a list of things that people commonly get or avoid as a result of a behavior.

GETS	AVOIDS
<ul style="list-style-type: none"> • to do an activity? • to engage in the behavior? • a response from people? • attention? what kind? <ul style="list-style-type: none"> ○ Positive attention ○ Negative attention • Drama • Power • to be the center of attention? • to clown? • an item? • revenge on someone? • to scare someone? • entertained? • something else? What? 	<ul style="list-style-type: none"> • a request • a demand • an unpleasant situation • looking foolish • some physical feeling? • embarrassment? • some social interaction? • something else? What?

In this section, please list each problem behavior, and then list things that the person could get or avoid as a result of the problem behavior.

BEHAVIOR	GETS /AVOIDS