

Peggy A. Szwabo, Ph.D.
Mental Health Consultant

As an aging and mental health consultant, Dr. Szwabo has many years of experience and expertise in providing treatment planning, behavioral interventions, and educational programming for individuals, families, professionals, and organizations caring for older adults. After 21 years in academe as a clinician and professor, Dr. Szwabo has formed *Szwabo and Associates*, providing treatment, consulting, and educational programs for elders, families, providers, and agencies working with the care and treatment of aging family needs. In working with individuals, Dr. Szwabo works with women who are experiencing stress and anxiety from work and family related concerns. She has an interest in women who are caregivers and women experiencing menopausal symptoms.

As the past Director of Education and Preceptorship Training for Saint Louis University, Geriatric Psychiatry, she developed and implemented educational programs providing state of the art scientific information and interventions to a variety of consumers, from lay audiences to medical liaison staff of the pharmaceutical industry.

Currently Dr. Szwabo is an Associate Professor and clinician in the Department of Psychiatry, Division of Geriatric Psychiatry and the Department of Internal Medicine, Division of Geriatric Medicine, Saint Louis University School of Medicine. Dr. Szwabo is also a licensed clinical social worker (ACSW, BCD), a clinical specialist with certification in psychiatric and mental health nursing, and is an Advanced Practice Nurse. Her clinical work includes evaluation, treatment, therapy, and education. She conducts individual, group therapy, and family consultations. Dr. Szwabo is a consultant for families; long-term care facilities, developmentally disabled services and agencies. Her interests are aging families, behavioral interventions, sexuality, menopause, women's issues and health care, stress management, and aging with developmental disabilities.

She is a member of the Education Committee, the Geriatric Interdisciplinary Advisory Group, and the Professional Executive Education Committee of the American Geriatric Society. Dr. Szwabo is a Fellow in the American Geriatric Society. She is an Editor in Nursing for the International Psychogeriatric Bulletin, an Associate Editor for the Journal of the International Psychogeriatric Association, sits on the Advisory Board of the Annuals of Long-Term Care, and is a Board Member of the Association on Aging with Developmental Disabilities. Dr. Szwabo has recently written a chapter in the *Dementia*, 3rd Edition, and has chapters on normal aging, sexuality, and interventions with problem behaviors.

For references, sample programs, or more information, please contact:

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